



Peanut Butter Dog Treats

(Dogs do love peanut butter!)

- 3 cups sprouted flour (your choice)
- ½ cup organic peanut butter
- 1 cup plus 3 tablespoons water
- 2 tablespoons extra virgin olive oil or coconut oil

Preheat oven to 350 degrees. Combine oil, peanut butter, and water. Add flour, one cup at a time, forming a dough. Knead dough about 3 minutes. Flour a flat surface and roll dough out to ¼ inch thickness. Cut treats into squares of the size that will suit your dog (I use a pizza wheel, but you could also use a bone-shaped cookie cutter). Place on a parchment lined cookie sheet. Bake for 20 minutes. Cool completely. Watch that tail wag!